

**Course Title : Preventive Interventions for Children and Adolescents**

**Course Code : PSY-911**

**Credit Hours : 3**

**Pre-requisite:** Community Mental Health

**Course Description:**

1. This course encompasses the broad range of evidence-based intervention programs for the various problems during childhood and adolescence. The course will also address the issues involved in implementing such programs in various contexts.

2. **Course Objectives:**

- a. To familiarize the students with the rationale behind the preventive intervention programs.
- b. To increase their knowledge and skills relevant to the programs of preventive interventions.
- c. To carry out research to evaluate the efficacy of preventive intervention program.

3. **Learning Outcomes:**

- a. The student will demonstrate increased awareness about the need and purpose of preventive intervention.
- b. The student will be able to implement these programs in local set up.
- c. Student will demonstrate the efficacy of intervention program by carrying out research in that area.

4. **Course Content:**

- a. Prevention Frameworks
- b. Preventive Intervention with Children and Adolescent
- c. Context for Prevention: Family, Culture, and Poverty
- d. Risk and Protective factors
- e. Family and School Considerations
- f. Prevention Programs in Early Childhood
- g. School Mental Health
- h. Prevention of Youth Violence
- i. Current Trends in Preventive Interventions

**Suggested Readings:**

1. Rapp-Paglicci, L.A. Dulmus, C.N., Wodarski, J.S. (2004). Handbook of Preventive Interventions for Children and Adolescents. Wiley & Sons.
2. McGoldrick, M., Giordano, J., and Pearce, J. K. (2005). Ethnicity and Family Therapy, 3<sup>rd</sup> edition. New York: Guilford Press.
3. Murray, C.E., & Grayes, K.N. (2012). Responding to family Violence: A Comprehensive Research-Based Guide for Therapists. Routledge.